



Recipe Details

Recipe Name - Cheese Spread

Recipe Steps -

Ingredients

- 2 heaping cups of oats
- 1/4 cup arrowroot
- 3 Tbsp onion powder
- 3 Tbsp garlic powder
- 6 Tbsp nutritional yeast
- 3 Tbsp Nacho Spice Nutritional Yeast
- 1 (16 oz.) Jar roasted red pepper in water
- 3 Tbsp minced garlic

Instructions

1. Blend oats, arrowroot, onion powder, garlic powder, nutritional yeast, and nacho spice nutritional yeast in a high-speed blender for 30 seconds.
2. Add the entire jar of roast peppers and minced garlic, and blend for 50 seconds.
3. Enjoy!



