



Recipe Details

Recipe Name - Amazing 6-Layer Dip

Recipe Steps -

Ingredients

- 1 can chickpeas, drained and rinsed
- 2 tsp garlic powder divided
- 1 heaping tsp garlic paste or minced garlic
- 1 lemon, juiced
- 2 tsp veggie broth
- 1 cucumber, diced
- 3 medium tomatoes, diced (or 1-pint cherry tomatoes, diced)

Instructions

1. In a high-speed blender, add rinsed chickpeas, 1 tsp garlic powder, garlic paste (or minced garlic), juice of 1 lemon, and veggie broth
2. Blend until smooth and creamy (This is the Hummus)
3. In a bowl, place half the Hummus in the bottom, next place half the cucumber on top of the Hummus, and then half the tomatoes on top of the cucumber
4. Next, sprinkle with garlic powder
5. Repeat steps 3 and 4 for the second layer. Continue to do this until you have 6 layers of amazing Dip
6. Enjoy with freshly made tortilla chips, pita, or fresh veggies of your choice

