



Recipe Details

Recipe Name - Baby Kale, Fig, Orange, & Sweet Potato Salad

Recipe Steps -

Ingredients

Salad Ingredients:

- 12 oz baby kale, steamed
- 1/2 cup fresh figs, chopped
- 2 oranges, zest and flesh, with the juice
- 1 roasted sweet potato, chopped

Dressing Ingredients:

- 2 Lemons, juiced, plus zest
- 2 Tbsp date paste
- 2 Tbsp fig balsamic vinegar

Instructions

1. Steam kale for 3 minutes. Place on the serving tray
2. Place, oranges, orange zest, juice of orange, chopped figs, and chopped sweet potatoes on top of kale
3. Drizzle Dressing on kale salad (to desired taste)
4. Enjoy!

