



## Recipe Details

Recipe Name - Asian Veggie Normandy

Recipe Steps -

### Ingredients

- 2 cups brown rice
- 5 cups frozen broccoli Normandy
- 2 1/2 cups water
- 2 Tbsp tamari
- 2 Tbsp garlic, minced
- 1 Tbsp ginger, minced
- 1/2 Tbsp Better than Bouillon veggie
- 1 tsp garlic powder
- 1 tsp onion powder

### Instructions

- 1) Place all ingredients in an instant pot, and incorporate
- 2) Cook on high pressure for 20 minutes, slow release for 10 minutes
- 3) Enjoy with the condiment of your choice or just the way it is



