



## Recipe Details

Recipe Name - Sweet White Bean Breakfast Dip

Recipe Steps -

### Ingredients

- 2 cups cooked white beans
- 4 Medjool Dates
- 1 1/2 tsp cinnamon
- 1 banana

### Instructions

1. Place beans, dates, cinnamon, and banana in a high-speed blender.
2. Blend until creamy.
3. Serve with fresh fruit. Enjoy!

