



Recipe Details

Recipe Name - French Toast French Fries

Recipe Steps -

Ingredients

- 2 to 4 potatoes (regular or sweet) cut into fries
- 1/2 cup water
- 10 Medjool dates
- 1/2 cup oat flour
- 1 Tbsp ground flax
- 2 tsp cinnamon
- 1 Tbsp vanilla extract
- 1/4 cup + 2 Tbsp plant milk

Instructions

- 1) Preheat oven to 375 degrees
- 2) boil 1/2 cup water; once boiling, add pitted dates, remove from heat, cover, let stand for 10 minutes
- 3) After 10 minutes, add dates and water to a bullet, food processor, or blender, along with oat flour, ground flax, cinnamon, vanilla, and plant milk
- 4) Blend until smooth
- 5) place cut potatoes into a bowl
- 6) Pour blended mixture over cut potatoes, cover well
- 7) Place coated fries onto a parchment-lined baking sheet
- 8) Bake for 30 minutes
- 9) Enjoy!

