

## **Recipe Details**

Recipe Name - One Minute no Bake Granola - Raw, Vegan, WFPB, GF, Nut Free, Soy Free Recipe Steps -

## Ingredients

1/4 cup sunflower seeds

- 1/4 cup pumpkin seeds
- 1/2 cup soft Medjool dates

## Instructions

- 1. Places all ingredients into a food processor and process ingredients for 30 seconds
- 2. Pour ingredients into a sandwich bag and press together
- 3. Enjoy!



