



## Recipe Details

Recipe Name - One Minute no Bake Granola - Raw, Vegan, WFPB, GF, Nut Free, Soy Free

Recipe Steps -

### Ingredients

1/4 cup sunflower seeds

1/4 cup pumpkin seeds

1/2 cup soft Medjool dates

### Instructions

1. Places all ingredients into a food processor and process ingredients for 30 seconds
2. Pour ingredients into a sandwich bag and press together
3. Enjoy!

