

Recipe Details

Recipe Name - Creamy White Bean Spinach Soup

Recipe Steps -

Ingredients

- 8 cups cooked white beans
- 1 onion, chopped
- 2 carrots, chopped
- 4 stalks of celery, chopped
- 1 box low-sodium veggie broth
- 2 tsp Better than Bullion low sodium vegetable
- 1 lemon juiced
- 1 tsp rosemary
- 1/2 tsp crushed red pepper
- 1 8oz bag of spinach

Instructions

- 1. Water sauté onions, carrots, and celery until soft
- 2. Add lemon juice, rosemary, crushed red pepper, better than bullion, and beans. I corporate well then immersion blend until smooth
- 3. Once hot, add spinach, stir, and serve
- 4. Enjoy!



