



Recipe Details

Recipe Name - Creamy White Bean Spinach Soup

Recipe Steps -

Ingredients

- 8 cups cooked white beans
- 1 onion, chopped
- 2 carrots, chopped
- 4 stalks of celery, chopped
- 1 box low-sodium veggie broth
- 2 tsp Better than Bullion low sodium vegetable
- 1 lemon juiced
- 1 tsp rosemary
- 1/2 tsp crushed red pepper
- 1 8oz bag of spinach

Instructions

1. Water sauté onions, carrots, and celery until soft
2. Add lemon juice, rosemary, crushed red pepper, better than bullion, and beans. Incorporate well then immersion blend until smooth
3. Once hot, add spinach, stir, and serve
4. Enjoy!

