



Recipe Details

Recipe Name - Lobster Salad

Recipe Steps -

Ingredients

- 2 (14 oz) cans hearts of palm, drained OR 1 (25 oz) jar, drained
- 1/4 cup hummus
- 1 tsp Old Bay seasoning
- 1/2 lemon, juiced
- 1/4 cup celery, diced
- 3 Tbsp green onions, diced
- 1 tsp kelp seasoning
- Black pepper to taste

Instructions

1. Cut hearts of palm into "lobster" chunks. Mix in all remaining ingredients except paprika
2. Place "lobster" salad on brown rice and quinoa crispy waffle bread, the bread of your choice, or a bed of lettuce, or enjoy it simply the way it is
3. Sprinkle with paprika; enjoy!

