



Recipe Details

Recipe Name - Lobster Rolls on Waffle Bread

Recipe Steps -

Ingredients

- 2 (14 oz) cans hearts of palm, drained OR 1 (25 oz) jar, drained
- 1/4 cup hummus
- 1 tsp Old Bay seasoning
- 1/2 lemon, juiced
- 1/4 cup celery, diced
- 3 Tbsp green onions, diced
- 1 tsp kelp seasoning
- Black pepper to taste
- Paprika for sprinkling
- Double recipe of Brown Rice and Quinoa Crispy Waffle Bread – prepare as directed in the recipe

Instructions

1. Cut hearts of palm into “lobster” chunks
2. Mix in all remaining ingredients except paprika. Place “lobster” salad on brown rice and quinoa crispy waffle bread, the bread of your choice, or a bed of lettuce
3. Sprinkle with paprika; enjoy!



