

Recipe Details

Recipe Name - Baby Kale, Fig, Orange, & Sweet Potato Salad

Recipe Steps -

Ingredients

Salad Ingredients:

- 12 oz baby kale, steamed
- 1/2 cup fresh figs, chopped
- 2 oranges, zest and flesh, with the juice
- 1 roasted sweet potato, chopped

Dressing Ingredients:

- 2 Lemons, juiced, plus zest
- 2 Tbsp date paste
- 2 Tbsp fig balsamic vinegar

Instructions

- 1. Steam kale for 3 minutes. Place on the serving tray
- 2. Place, oranges, orange zest, juice of orange, chopped figs, and chopped sweet potatoes on top of kale
- 3. Drizzle Dressing on kale salad (to desired taste)
- 4. Enjoy!



